HEALTH CARE CHOICES AND PREMIUMS UNDER OBAMACARE

What’s going on in Delaware

![Bar chart showing average monthly premiums and choice of insurers in Delaware from 2013 to 2018 and 2019.]

RELIEF FROM FEDERAL MANDATES CAN DRIVE PREMIUMS DOWN

Premiums are up and choices are down generally across the states. However, a number of states are seeing improvement by taking advantage of some limited regulatory relief. Several states, for example, saw premiums decline in the first year under federal waivers from the Affordable Care Act (Obamacare): Alaska (down 35%), New Jersey (down 15%), Maine (down 9%), Maryland (down 43%), Minnesota (down 20%), Oregon (down 6%), and Wisconsin (down 11%).

Estimates show that even more can be accomplished if Congress gives states the flexibility and resources to bring down costs, improve choices, and protect the vulnerable and sick. The Health Care Choices Proposal does just that and has the support of over 100 national, state, and grassroots leaders.

TO LEARN MORE, VISIT HEALTHCARECHOICES2020.ORG

Last updated 3/12/2020.

Source: Heritage Foundation Issue Brief No. 3475.